

CLUB RECOVERY, LLC

OUTPATIENT TREATMENT PROGRAMS

IOP: WOMEN'S, MEN'S, AND MIXED GENDER GROUP OFFERINGS

Club Recovery's Intensive Outpatient groups incorporate evidence-based treatment approaches while tailoring the group therapy and education to the unique needs of its members. These groups utilize a step-down model, decreasing in intensity over the course of treatment, and take a holistic approach in guiding clients to understand the effects of addiction and recovery on all aspects of a person.

	SATURDAY GROUP	DAY GROUP	WOMEN'S GROUP	MEN'S GROUP	MIXED GROUP
MON		11:00AM-1:00PM	6:00-8:00PM		6:00-8:00PM
TUES				6:00-8:00PM	6:00-8:00PM
WED		11:00AM-1:00PM	6:00-8:00PM	6:00-8:00PM	6:00-8:00PM
THUR		11:00AM-1:00PM	6:00-8:00PM	6:00-8:00PM	6:00-8:00PM
FRI		11:00AM-1:00PM			
SAT	9:00AM-1:00PM				

RELAPSE PREVENTION, GAMBLING GROUP AND CONTINUING CARE OFFERINGS

	RELAPSE PREVENTION GROUP	GAMBLING GROUP	CONTINUING CARE GROUP
MON	6:00PM—8:00PM	6:00PM—8:00PM	
TUES	6:00PM—8:00PM		
WED		6:00PM—8:00PM	6:00PM—8:00PM
THURS	6:00PM—8:00PM	6:00PM—8:00PM	

Gambling Group

Some people with gambling issues may use games of chance to cope with other serious issues such as troubled relationships, financial or legal pressures, or mental health concerns. We offers specialized programming that can help clients understand and address their problems. In many cases, this treatment is free to the client seeking services and their family.

Relapse Prevention

The Relapse Prevention group explores the tools to maintain recovery including developing coping skills, identifying high risk situations, creating a balanced lifestyle, creating a holistic approach to health, addressing relapse warning signs and planning for long-term successful recovery. This group is for those who have completed treatment and have experienced issues with relapse.

Continuing Care


Our Continuing Care groups offer a space for clients to reinforce and expand on the positive behaviors, skills, and techniques learned in their primary treatment program. As individuals transition from treatment to long-term sobriety, this group helps them incorporate their new behaviors and understandings into a new way of life.

Please contact Club Recovery for more information about our group offerings or to schedule a chemical health assessment to help determine your needs on your path to recovery.

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